



SenS Spa

**Relax, Rejuvenate, Revive**  
Open Hour : 9.00 am to 9.00 pm

**Refreshing Facial**

30 Minutes - Rp. 200.000

Enjoy a relaxing facial treatment, beginning with the cleansing of facial pores to be followed by focusing on points on the forehead, cheek bones, area around the eye sockets and temple complete with scalp massage.

**Biokos Facial**

60 Minutes - Rp. 350.000

Experience youthful skin, this treatment is especially designed to strengthen, smooth and rejuvenate your skin. To bring out the natural glow.

**Herbal Compress Infusion**

90 Minutes - Rp. 490.000

Combining traditional massage with with (curcuma, languas cinnamon, ginger, lemongrass) specially selected herbs known for their healing essence. Our therapists will use special variegated herbal compress pads to give you a gentle acupressure massage that will ease your body pains and relieve stress.

**Chocolicious Scrub**

30 Minutes - Rp. 220.000

Chocolate-based body scrub is rich in natural anti-oxidants, moisturizes, and cleanses the skin.

**Sea Salt & Tropical Fruit Scrub**

30 Minutes - Rp. 220.000

Rich in minerals and vitamins, this scrub combines your option of fresh fruits which are rich in Vitamins A and E, with a salt scrub.

Optional :

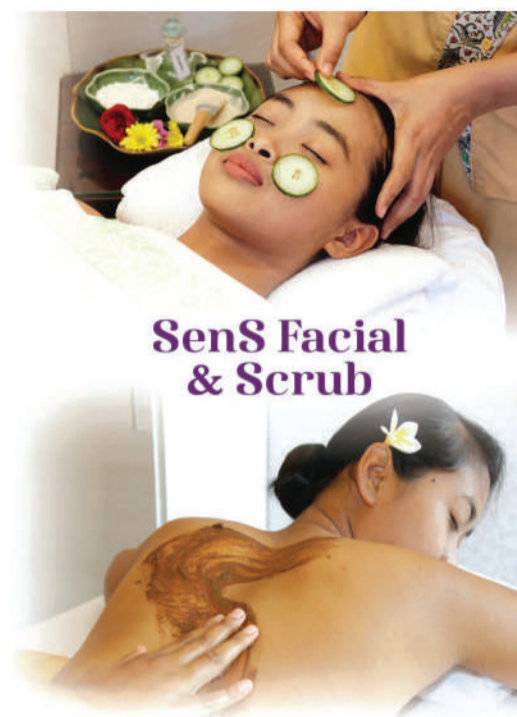
**Papaya (anti-inflammatory & strengthens the immune system**

**Avocado (high in essential nutrients, vitamins, minerals, and anti-oxidants)**

**SenS Pure Natural Facial**

60 Minutes - Rp. 325.000

A signature SenS Pure Natural Facial using natural and fresh facial products. Finally, for moisturizer Phytomer moisturizer will be applied.



**SenS Facial & Scrub**

**Body Treatment**



**Stress Reliever**

30 Minutes - Rp. 250.000

Enjoy a thirty-minute massage to quickly relieve tension and tightness on the neck, shoulder, and back of body.

**SenS Massage**

60 Minutes - Rp. 350.000

90 Minutes - Rp. 450.000

120 Minutes - Rp. 620.000

Our signature SenS massage is a delightful blend of massage techniques with the use of warm aromatherapy oil to give you a deep and relaxing massage.

**Deep Tissue Massage**

60 Minutes - Rp. 350.000

90 Minutes - Rp. 450.000

120 Minutes - Rp. 620.000

This will focus on meridian points, and muscle groupings to relieve tension, tight muscles, and joints.

**Traditional Balinese Massage**

60 Minutes - Rp. 350.000

90 Minutes - Rp. 450.000

120 Minutes - Rp. 590.000

This unique traditional style of body massage to release tension and tightness.

**SenS Spa Four Hand Massage**

60 Minutes - Rp. 550.000

90 Minutes - Rp. 750.000

120 Minutes - Rp. 995.000

Experience a renewal of your energies with two therapists simultaneously bringing your body back into balance. This massage treatment combines the stimulation of meridian points and gentle pressure to stimulate the natural cleansing processes in your lymph nodes. This treatment is highly recommended to improve blood circulation, muscular aches and to release tension in your body, such as after a long flight.

**Hot Stone Therapy**

90 Minutes - Rp. 500.000

Unwind, relax and restore your energy, enjoy the hot stone massage to your body. Feel the great sensation.

**Balinese Boreh Package**

120 Minutes - Rp. 550.000/single

120 Minutes - Rp. 995.000/couple

Signature traditional Balinese healing treatment that begins with a Traditional Balinese Boreh Body Wrap to build up body heat and sweat as a means of detoxification throughout your body.

**Foot Reflexology**

30 Minutes - Rp. 175.000

A deeply relaxing traditional foot reflexology massage that will relieve stress and anxiety in your entire body, starting in your toes, ankles and feet.

**Foot Care**

45 Minutes - Rp. 175.000

Deluxe foot care that starts with a warm foot bath including toe nail treatments, and foot massage.

**Nail Care**

45 Minutes - Rp. 175.000

Deluxe finger nail care that commences with a warm hand soak followed by finger nail treatments, and a delightful hand massage.

**Sole to Soul**

60 Minutes - Rp. 300.000

"Foot point" is an ancient technique that uses gentle acupressure and massage on the feet, hands, and ears to bring about healing and relaxation.



**SenS Hand & Foot Care**

**SenS Spa Package**



**The SenS of Two**

60 Minutes - Rp. 550.000/couple

Our unique spa treatment for couple begins with foot cleansing ritual, followed by a focused deep tissue massage whilst laying on a warm heating pad for comfort and relaxation.

**SenS Spa Royal Couple**

90 Minutes - Rp. 750.000

Enjoy some quality time together and be pampered side by side with our best spa treatments in a truly romantic atmosphere. Two therapists will work in unison to provide a luxurious shared SenS massage session for both of you. Luxuriate in the Balinese lulur (red rice, turmeric, sandalwood and pandan leaf) body scrub like royalty, and emerge from the spa relaxed, with silky soft and glowing skin.

**Ginger Release Package**

180 Minutes - Rp. 825.000/single

180 Minutes - Rp. 1.550.000/couple

This package draws out all of the therapeutic qualities of ginger, beginning with a body scrub and wrap, followed by relaxing full body Ginger Aromatherapy Massage and SenS Pure Natural Facial treatment. Conclude with a warm cup of ginger tea together with fresh sliced fruits will ensure your full refreshment.

**Rosella Scrub Package**

90 Minutes - Rp. 390.000/single

90 Minutes - Rp. 750.000/couple

This refreshing massage treatment uses aromatic Rosella oils and stretching techniques to relax and heal your tense body. This package includes a refreshing jasmine body scrub ( white rice,frangipany flower, leaf, sandal wood body scrub that will leave you feeling fresh and your skin silky smooth.

*All prices are subject 23,75% government tax and service charge*

**SENS HOTEL & SPA + CONFERENCE UBUD TOWN CENTRE**

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